

About Lotus Wellbeing:

- ✿ Qualified Therapist
- ✿ All services are conducted with 100% strict health regulatory procedures in place
- ✿ Council registered & inspected business
- ✿ Easy location 2km from High Street Berwick
- ✿ Easy on street parking

Specialising in:

- ✿ Ladies Massage & Cupping Therapy
- ✿ Ladies Dermalogica, Alph-H Facials, Sarah Chapman
- ✿ Ladies Sport Waxing
- ✿ Female Brazilian Waxing Specialist
- ✿ Manicures & Pedicures
- ✿ Harmony Gelish & Shellac 14-21 day manicures

Payment options by:

- ✿ Cash or Bank Transfer to approved clients
- ✿ Credit Card facilities are not available

Waxing do's

Moisturise skin daily with an antiseptic lotion, tea tree is ideal. Apply cold compress, anti histamine lotion if you are sensitive. Shower off sweat and bacteria after exercise. Wear cotton underwear if you bikini wax. Loofah one week after your wax, 2-3 times weekly is ideal.

Waxing don't's

Don't wax when due or during your menstrual cycle. Don't depending on your skin, loofah/exfoliate waxed areas 3-5 days after your wax. Avoid for 48 hours: deodorant/antiperspirants, makeup, solarium, tanning lotions, natural sun exposure, sweating, swimming in chlorinated water or salt water.

Please call us if you have any concerns or questions.



- ✿ Ladies Sport Waxing Specialist
- ✿ Ladies Massage & Beauty Therapy

By appointment only, contact Suzanna:

10 Jomary Court, Berwick Vic 3806 0400 990 100
suzanna@lotus.id.au www.lotus.id.au



By appointment only, contact Suzanna:

10 Jomary Court, Berwick Vic 3806
0400 990 100 suzanna@lotus.id.au

www.lotus.id.au

Price list effective from 19/09/2025

24 hour cancellation notice is requested, conditions apply, fees apply.
Prices subject to change without notice. ABN: 12 091 671 672



Lotus
WELLBEING

- Waxing Specialist
- Ladies Beauty Services Studio
- Healing Reiki Massage Therapy
- Therapeutic Massage Therapy

By appointment only, call Suzanna:

📍 10 Jomary Court, Berwick Vic 3806
☎ 0400 990 100 ✉ suzanna@lotus.id.au

www.lotus.id.au

heart space reiki healing

healing massage treatment

Healing treatment for post traumatic stress disorder, extreme stress, fatigue, anxiety and depression.

A highly intuitive, slow paced healing reiki massage treatment to calm and treat the nervous system.

This is achieved with intuitive massage and reiki traditions in a quiet, meditative space incorporating treatment auroma oils and surroundings.

Reiki principles re-balance the chakras, rid negative energy and clear the mind.

Sacred spirit healing massage treatment 60 min\$100

Sacred spirit healing massage treatment 30 min\$60

therapeutic deep tissue massage

Deep tissue, therapeutic style of massage **incorporating cupping therapy** to assist in pain relief and increased mobility.

massage treatment 60 min\$90

massage treatment express 30 min \$55

massage treatment express 15 min.....\$30

facial treatments

Dermalogica, AlphaH, Eminence Organic, CosMedix

☘ Anti-Aging Deep-Dermal Hydration Treatment + Extended Face, Neck & Scalp Lymphatic Massage - 45min\$100

☘ High Performance Exfoliation Facial - 30min *from \$75

☘ Glycolic Peel - Deep Exfoliation Treatment - 15min\$50

☘ Express Steam Cleansing Essential Facial - 15 min -\$30

☘ Pigmentation AHA Bump Free Underarm Treatment -\$25

shellac - low maintenance, no damage

☘ shellac hands or feet includes mini manicure tidy.....\$45

soak off - extra\$10

french finish- extra\$10

soak off and back to natural nails manicure\$45

manicures

☘ high performance manicure treatment & massage -\$50

High performance, skin and full cuticle and nail conditioning manicure with natural oil massage and polish. Add shellac \$10

☘ mani 1 - Cut, file, buff and hi shine / with polish.....\$20 / \$35

pedicures Belava disposable tubs

☘ high performance revival pedicure & massage -\$70

For neglected feet and nails incorporating full pedicure treatment, hydrogel skin conditioning and foot massage.

addition - Shellac - \$10

addition - Full Organic Treatment - \$10

☘ lotus deluxe refresh pedicure - keep up the good work..... \$55

Incorporating exfoliation, pedi 1 and polish.

☘ pedi 1 - Cut, file, buff and hi shine / with polish \$25 / \$40

fragrance of the day

Sample bottles niche/designer brand fragrances 2ml spray \$20 / \$15

gift certificate packages

☘ namaste healing massage treatment - 60 min \$110

- Meditational back massage with pure oils
- Mahalo organic hawaiian flower treatment facial

☘ just for you treatment - 60min \$100

- Mahalo organic hawaiian flower treatment facial
- Eye brow sculpture wax
- Mini hi gloss manicure Mahalo Oil Mani 1

☘ love and happiness treatment - 45min \$75

- Lotus Express soft exfoliation facial treatment
- Collagen eye treatment mask
- Cold pressed Organic Rosehip Oil face massage

ladies waxing specialist

full leg from * \$45 full arm\$30

3/4 or top half leg\$35 3/4 arm.....\$25

half leg over the knee\$30 1/2 arm.....\$20

sides face\$12

chin\$10

neck - hot wax\$10

lip\$12

nostrals.....\$12

under arms /hot \$18

u/arms bump trmt.....\$25

stomach \$15

full front inc stomach\$25

full back\$30

half back\$20

patches from \$10

☘ junior female waxing

full leg\$40

3/4 leg or top half leg ..\$30

half leg\$25

underarm strip/hot.....\$14

Face waxing

100% lycon hot wax

brow, lip + chin\$35

full face+pre wax facial...\$45

add steam to facial\$10

ladies gentle brazilian hot waxing

☘ superior Lycon xxx non sticky, ultra kind on skin wax 100% hygienic

basic bikini hot wax \$18 all off brazilian hot wax..\$48

high bikini hot wax \$20 extention \$10

g-string hot wax.....\$30

☘ designer eyebrows and lashes

brow basic.....\$15 tint brow.....\$15

brow sculpt \$18 tint lashes + lash oil.....\$25

male brow sculpt \$20 tint both.....\$35

Welcome to Lotus Wellbeing,
enjoy your first visit voucher

☘ 15% off waxing

☘ 10% off massage treatments

Recipients Name: _____

*Voucher must be presented on day of first appointment.

Only valid for services, * min overall spend of \$25 applies.

