

About Lotus Wellbeing:

- ✿ Qualified Therapist
- ✿ All services are conducted with 100% strict health regulatory procedures in place
- ✿ Council registered & inspected business
- ✿ Easy location 2km from High Street Berwick
- ✿ Easy on street parking

Specialising in:

- ✿ Ladies Massage & Cupping Therapy
- ✿ Ladies Dermalogica, Alph-H Facials, Sarah Chapman
- ✿ Ladies Sport Waxing
- ✿ Female Brazilian Waxing Specialist
- ✿ Manicures & Pedicures
- ✿ Harmony Gelish & Shellac 14-21 day manicures

Payment options by:

- ✿ Cash or Bank Transfer to approved clients
- ✿ Credit Card facilities are not available

Waxing do's

Moisturise skin daily with an antiseptic lotion, tea tree is ideal. Apply cold compress, anti histamine lotion if you are sensitive. Shower off sweat and bacteria after exercise. Wear cotton underwear if you bikini wax. Loofah one week after your wax, 2-3 times weekly is ideal.

Waxing don't's

Don't wax when due or during your menstrual cycle. Don't depending on your skin, loofah/exfoliate waxed areas 3-5 days after your wax. Avoid for

48 hours: deodorant/antiperspirants, makeup, solarium, tanning lotions, natural sun exposure, sweating, swimming in chlorinated water or salt water.

Please call us if you have any concerns or questions.



- ✿ Ladies and Mens Sport Waxing Specialist
- ✿ Ladies Massage & Beauty Therapy

By appointment only, contact Suzanna:

10 Jomary Court, Berwick Vic 3806 0400 990 100
suzanna@lotus.id.au www.lotus.id.au



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Price list effective from 01/09/2023

24 hour cancellation notice is requested, conditions apply, fees apply.
Prices subject to change without notice. ABN: 12 091 671 672



Lotus
WELLBEING

- Waxing Specialist
- Ladies Beauty Services Studio
- Healing Reiki Massage Therapy
- Therapeutic Massage Therapy

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massage and body conditioning:

Enjoy an effective and highly intuitive and nurturing massage. Your comfort is ensured with a warm clean fresh plush toweling, medicinal essential oils and pure massage oils. Addressing:

- Shoulder and neck pain
- Leg cramps & tight calves
- Lower back and sciatic pain
- Swollen ankles & feet
- Headache and migranes
- Fatigue, anxiety & depression
- Posture and sleep quality
- Overall wellbeing and happiness

therapeutic deep tissue massage

Deep tissue, therapeutic style of massage incorporating cupping therapy to assist in pain relief and good mobility.

massage treatment 60 min	\$85
massage treatment express 30 min.....	\$55
massage treatment express 15 min.....	\$35

heart space healing

healing massage

healing treatment for fatigue, anxiety and depression.

A highly intuitive, slow paced healing massage treatment to sooth the body and calm the soul.

Sacred spirit healing massage treatment \$95

facial treatments

Dermalogica, AlphaH, The Ordinary , Sarah Chapman

☞ Anti-Aging Microdermal Treatment + extrended Face,

Neck & Scalp Lymphatic Massage - 60min \$110

Targeting extremely dehydrated and dull skin. Treating dark spot pigmentation and incorporating extended luxurious face, neck and scalp massage treatment.

☞ High Performance Facial + Face Massage - 45min..... \$85

Targeting skin clarity and skin brightening via treating congested skin surfaces and blocked pores. Incorporating lymphatic face massage.

☞ Glycolic Peel - Deep exfoliation treatment - 30min..... \$65

☞ Express Facial - 15 min - \$50

Targeting deep cleansing and skin brightening.

☞ Extractions - from \$20

☞ Pigmentation AHA Bump Free Underarm trmt - \$25

shellac

☞ shellac hands or feet includes mini manicure tidy.....	\$45
soak off - extra.....	\$10
french finish- extra.....	\$5
soak off and back to natural nails manicure.....	\$30

manicures

☞ high performance manicure treatment & massage - \$60

High performance, skin and full cuticle and nail conditioning manicure with natural oil massage and polish. Add shellac \$10

☞ mani 1 - Cut, file, buff and hi shine / with polish.....\$25 / \$40

pedicures Belava disposable tubs

☞ high performance revival pedicure & massage -\$70

For neglected feet and nails incorporating full pedicure treatment, hydrogel skin conditioning and foot massage.

Optional addition - Shellac \$10

Optional addition - Full Organic treatment \$10

☞ lotus deluxe refresh pedicure - keep up the good work..... \$55

Incorporating soak, exfoliation, pedi 1 and polish.

☞ pedi 1 - Cut, file, buff and hi shine / with polish \$25 / \$40

fragrance of the day

Sample niche/designer brand fragrances 2ml spray\$20 / \$15

Incorporate in your treatment \$5

gift certificate packages

☞ namaste healing massage treatment - 60 min \$120

- Meditation back massage with pure oils
- Mahalo organic hawaiian flower earth cleansing facial
- Welcome foot soak and aha exfoliation foot scrub

☞ just for you treatment - 60min \$110

- Mahalo organic hawaiian flower earth cleansing facial
- eye brow sculpture wax
- Mini manicure Mahalo Oil Mani (cut, file & hi-shine)

ladies waxing specialist Premium wax

full leg from*.....	\$48	full arm	\$38
3/4 or top half leg.....	\$38	3/4 arm.....	\$35
half leg over the knee.....	\$30	1/2 arm.....	\$30

extra cloth & wax.....	\$5	full arm and shoulder.....	\$45
sides face / ext.....	\$14	inner thighs.....	\$15
chin / ext.....	\$14	back thigh.....	\$15
neck - hot wax.....	\$14	stomach.....	\$15
lip.....	\$14	full abdom inc stmch.....	\$25
nostrals.....	\$12	full back.....	\$35
nape - hot wax.....	\$20	half back.....	\$30
toes+feet/nuckles.....	\$2-\$10	patch.....	\$10
under arms /hot.....	\$18		
pigment u/arms glycolic.....	\$25		

mens waxing

mens full leg from.....\$65

full back.....\$45

full chest and stomach.....\$50

mens brow sculpt.....\$20

mens ears.....\$10

100% lycon hot face wax

brow, lip + chin.....\$35

full face + wash.....\$45

- add steam facial.....\$10

☞ junior female waxing

full leg.....\$45

3/4 leg or top half leg.....\$35

half leg.....\$30

underarm strip/hot.....\$14/ \$16

ladies gentle brazilian hot waxing

☞ superior Lycon xxx non sticky, ultra kind on skin wax 100% hygienic

basic bikini hot wax.....\$18 all off brazilian hot wax.....\$50

high bikini hot wax.....\$25 all off brazilian pregnancy...\$55

g-string hot wax.....\$35 bikini extentions.....\$5-\$10

☞ designer eyebrows and lashes

brow basic.....\$16 tint brow.....\$16

brow sculpt.....\$18 tint lashes + lash oil.....\$25

male brow sculpt.....\$20 tint both.....\$38

Welcome to Lotus Wellbeing, enjoy your first visit voucher

☞ 15% off waxing

☞ 10% off massage treatments

Recipients Name: _____

*Voucher must be presented on day of first appointment.

Only valid for services, * min overall spend of \$25 applies.

