

sacred healing massage

Reiki, meditation and prayer for healing

A beautiful slow paced intuitive healing massage session inspired by ascension reiki, meditation and the healing ability of the angelic realm.

A sacred healing massage provides pain and stress relief, calmness to the nervous system and a sense of balance back to the physical and emotional body.

Sacred spirit healing massage treatment 60 - 70 minutes \$80

lotus therapeutic massage

A combination of deep tissue, lomi lomi and relaxation style of massage to release muscle tension, boost circulation to energise and detox the body.

massage treatment 75 min..... \$85

massage treatment 60 min.....\$70

massage treatment express 15 min / 30 min..... \$30 / \$50

add on - organic pure coconut oil or warm mahalo organic flower oil ... \$5

luxe le parfum fragrance and body oil massage

Explore Tom Ford, Chanel, Dior

perfum oil massage treatment full body 60 min \$90

perfum oil massage treatment half body 30 min\$70

A heavenly scented trail of Jasmine, musk, sandalwood, vanilla, orange blossom, rose, tuberose, cardamom, lavender, honey and beautiful spiced woods infused in natural oils and shea body butters.

sinus & headache pressure massage -15min.....\$20

Head and jaw tightness and pressure, neck tension, sinus congestion pressure relief lymphatic massage.

facial treatments

Dermalogica, AlphaH, The Ordinary , Sarah Chapman

Performance Facial + face massage - 60min - \$80

A deeply nourishing and cleansing facial customised to suit all skin types. Manual microdermabrasion exfoliation and nourishing boosters, peptides and botanical oils to tighten skin, soothe irritation and redness.

Express Rejuvenating Exfoliating Facial - 30min - \$60

Deep skin exfoliation treatment concentrating on cell rejuvenation and hydration. Suitable for all skin types.

Dermalogica Detox & Teen Clean Facial 20min - \$40

Deep steam cleanse, grain exfoliation/sulfur / charcoal detox pore refining treatment. Extractions extra \$10-\$15.

Mini Pre-Waxing Enviro Facial 10min - \$25 - add on only

Deep steam cleanse, grain exfoliation and moisture therapy.

gelish/shellac polish

14 day uv polish manicure for natural nails

shellac gelish overlay hands \$35 add french\$10

shellac gelish overlay toes \$40 extra coat\$2

shellac gelish hands & feet \$70 nail art/glitter.....\$5

add soak off / hands and feet \$10 / \$15 SNS removal.....\$40

extra nail prep or half soak/file off \$5 soak off & recovery ..\$30

manicures

lotus spa manicure treatment & massage - \$60

Coconut milk soak, grain exfoliation, full nail conditioning, hand massage with hydro gel and natural oils. Colour polish to finish.

quick manicure treatments:

mani 1 - cut, file, cuticle clean, hi shine.....\$25

with polish\$30

upgrade to french finish\$40

pedicures **Belava** 100% hygienic disposable tubs

silk spa pedicure - hydro mask treatment & massage - \$70

Coconut milk soak, grain exfoliation, full nail conditioning including ridge buff, relaxation foot massage with hydro gel, colour polish to finish.

quick pedicure treatments:

pedi 1 - cut, file, cuticle clean, hi shine.....\$25

with polish\$30

upgrade to french finish\$40

additional nail services:

- shellac/gelish polish extra \$10 + remove existing gel \$5 - \$10

- hydro gel skin conditioning mask and massage for hands or feet\$15

gift certificate packages

namaste healing massage treatment- 75min \$100

• healing inspired reiki massage with warm pure oils • **Mahalo organic** hawaiian flower oils treatment for scalp and body • hydro gel full body • hydro gel foot wrap and calus file

luxe le parfum & natural oil massage with facial - 60min \$95

• Explore Tom Ford, Chanel, Dior perfume and natural body oil massage, back, shoulders and arms, devinely scented. • Followed by a cleansing mini earth facial with natural rosehip oil/mahalo oil.

just bliss treatment - 45min \$75

• Neck, scalp and back massage with **Mahalo organic** hawaiian flower oils • mini enviro facial

just for you treatment - 60min \$60

• Mini detox Facial plus **Mahalo organic** hawaiian flower oils • Designer eyebrow sculpture wax • Eye lash or brow tint

ladies waxing specialist ✨ 100% hygienic

ladies full leg \$38 full arm \$26

ladies 3/4 or top half leg \$30 3/4 arm..... \$24

half leg..... \$25 1/2 arm..... \$20

sides of face \$8 - \$14 under arms strip / hot .. \$12 / \$15

chin/chin ext..... \$8 - \$14 inner thighs \$8 - \$12

lip \$8 - \$10 back thigh \$15

nostrals \$10 stomach or buttock \$8 - \$14

nipples, chest trail or nape..... \$10 lower back..... \$8 - \$14

toes and feet \$10 full face + brows..... \$35

bath sponges 1/3 pack... \$10/\$25 full face +brows + neck \$40

full leg & brazilian \$82 male brow tidy/sculpt... \$14 / \$16

junior female waxing treatments - under 18 years

brow tidy scpt/raw \$10 /\$14 /\$16 full leg..... \$35

brow corners \$2 3/4 leg or top half leg \$28

under arms strip / hot .. \$12 / \$14 half leg \$22

ladies gentle brazilian hot waxing

superior xxx wax 100% hygienic

basic / high bikini..... \$20 / \$24 low rise/bikini snail/ extention .. \$5

landing strip brazilian \$45 gstring \$35

all off lite brazilian \$44 all off brazilian \$48

full leg & brazilian \$82

designer eyebrows and lashes

brow tidy \$12 tint brow..... \$15

brow re-sculpt \$14 tint lashes..... \$20

brow raw \$16 tint both \$30

brow corners \$2 brow sculpt asmt & pencil \$20

hair lightening

bleach lip / eyebrows \$18

bleach sideburns \$20

Welcome to Lotus Wellbeing, enjoy your 1st visit voucher

free eyebrow tidy or

free lip wax

Recipients Name: _____

*Voucher must be presented on day of first appointment.

Only valid for services,* min overall spend of \$25 applies.

