

## sacred healing massage

### Reiki, meditation and prayer for healing

A beautiful slow paced intuitive healing massage session inspired by ascension reiki, meditation and the healing ability of the angelic realm.

A sacred healing massage provides pain and stress relief, calmness and a sense of balance back to the physical and emotional body.

Sacred spirit healing massage treatment 60 - 70 minutes ..... \$80

## lotus therapeutic massage

A combination of deep tissue, lomi lomi and relaxation style of massage to release muscle tension, boost circulation to energise and detox the body.

massage treatment 75 min..... \$85  
 massage treatment 60 min.....\$70  
 massage treatment express 15 min / 30 min..... \$30 / \$50  
 add on - organic pure coconut oil or warm mahalo organic flower oil ... \$5

## luxe le parfum fragrance and body oil massage

### Explore Tom Ford, Chanel, Dior

perfum oil massage treatment 60 min..... \$90  
 perfum oil massage treatment 30 min.....\$70

A heavenly scented trail of Jasmine, musk, sandalwood, vanilla, orange blossom, rose, tuberose, cardamom, lavender, honey and beautiful spiced woods infused in natural oils and shea body butters.

## sinus & headache pressure massage -15min.....\$20

Head and jaw tightness and pressure, neck tension, sinus congestion pressure relief lymphatic massage.

## facial treatments

### Dermalogica, AlphaH, The Ordinary , Sarah Chapman

#### ☸ Performance Facial + face massage - 60min - \$80

A deeply nourishing and cleansing facial customised to suit all skin types. Manual microdermabrasion exfoliation and nourishing boosters, peptides and botanical oils to tighten skin, soothe irritation and redness.

#### ☸ Express Rejuvenating Exfoliating Facial - 30min - \$60

Deep skin exfoliation treatment concentrating on cell rejuvenation and hydration. Suitable for all skin types.

#### ☸ Dermalogica Detox & Teen Clean Facial 20min - \$40

Deep steam cleanse, grain exfoliation/sulfur / charcoal detox pore refining treatment. Extractions extra \$10-\$15.

#### ☸ Mini Pre-Waxing Enviro Facial 10min - \$25 - add on only

Deep steam cleanse, grain exfoliation and moisture therapy.

## gelish/shellac polish

### ☸ 14 day uv polish manicure for natural nails

shellac gelish overlay hands .....	\$35	add french .....	\$10
shellac gelish overlay toes .....	\$40	extra coat .....	\$2
shellac gelish hands & feet .....	\$70	nail art/glitter.....	\$5
add soak off / hands and feet .....	\$10 / \$15	SNS removal.....	\$40
extra nail prep or half soak/file off .....	\$5	soak off & recovery ..	\$30

## manicures

### ☸ lotus spa manicure treatment & massage - \$60

Coconut milk soak, grain exfoliation, full nail conditioning, hand massage with hydro gel and natural oils. Colour polish to finish.

### ☸ quick manicure treatments:

mani 1 - cut, file, cuticle clean, hi shine.....\$25  
 with polish.....\$30  
 upgrade to french finish .....

## pedicures **Belava** 100% hygienic disposable tubs

### ☸ silk spa pedicure - hydro mask treatment & massage - \$70

Coconut milk soak, grain exfoliation, full nail conditioning including ridge buff, relaxation foot massage with hydro gel, colour polish to finish.

### ☸ quick pedicure treatments:

pedi 1 - cut, file, cuticle clean, hi shine.....\$25  
 with polish.....\$30  
 upgrade to french finish .....

### additional nail services:

- shellac/gelish polish extra \$10 + remove existing gel \$5 - \$10  
 - hydro gel skin conditioning mask and massage for hands or feet ....\$15

## gift certificate packages

### ☸ namaste healing massage treatment- 75min \$100

• healing inspired reiki massage with warm pure oils • **Mahalo organic** hawaiian flower oils treatment for scalp and body • hydro gel full body • hydro gel foot wrap and calus file

### ☸ luxe le parfum & oil massage with facial - 60min \$95

• Explore Tom Ford, Chanel, Dior perfume and natural body oil massage heavenly scented and hydrated skin following lotus mini hydration facial.

### ☸ just bliss treatment - 45min \$75

• Neck, scalp and back massage with **Mahalo organic** hawaiian flower oils • mini detox facial

### ☸ just for you treatment - 60min \$60

• Mini detox Facial plus **Mahalo organic** hawaiian flower oils • Designer eyebrow sculpture wax • Eye lash or brow tint

## ladies waxing specialist ☸ 100% hygienic

ladies full leg .....	\$38	full arm .....	\$26
ladies 3/4 or top half leg .....	\$30	3/4 arm.....	\$24
half leg.....	\$25	1/2 arm.....	\$20
sides of face.....	\$8 - \$14	under arms strip / hot ..	\$12 / \$15
chin/chin ext.....	\$8 - \$14	inner thighs .....	\$8 - \$12
lip .....	\$8 - \$10	back thigh .....	\$15
nostrals.....	\$10	stomach or buttock .....	\$8 - \$14
nipples, chest trail or nape.....	\$10	lower back.....	\$8 - \$14
toes and feet .....	\$10	full face + brows.....	\$35
bath sponges 1/3 pack... \$10/\$25		full face +brows + neck .....	\$40

**full leg & brazilian .....** **\$82**

### ☸ junior female waxing treatments - under 18 years

brow tidy scpt/raw \$10 /\$14 /\$16	full leg.....	\$35
brow corners .....	3/4 leg or top half leg .....	\$28
under arms strip / hot .. \$12 / \$14	half leg .....	\$22

## ladies gentle brazilian hot waxing

### ☸ superior xxx wax 100% hygienic

basic / high bikini.....	\$20 / \$24	low rise/bikini snail/ extention ..	\$5
landing strip brazilian .....	\$45	gstring .....	\$35
all off lite brazilian .....	\$44	all off brazilian .....	\$48

**full leg & brazilian .....** **\$82**

## ☸ designer eyebrows and lashes

brow tidy.....	\$12	tint brow.....	\$15
brow re-sculpt .....	\$14	tint lashes.....	\$20
brow raw.....	\$16	tint both .....	\$30
brow corners .....	\$2	brow sculpt asmt & pencil .....	\$20

### ☸ hair lightening

bleach lip / eyebrows .....

Welcome to Lotus Wellbeing,  
 enjoy your 1st visit voucher

☸ free eyebrow tidy or

☸ free lip wax

Recipients Name: \_\_\_\_\_

\*Voucher must be presented on day of first appointment.  
 Only valid for services,\* min overall spend of \$25 applies.