

About Lotus Wellbeing:

- ✿ Qualified Therapist
- ✿ All services are conducted with 100% strict health regulatory procedures in place
- ✿ Council registered & inspected business
- ✿ Easy location 2km from High Street Berwick
- ✿ Easy Street parking

Specialising in:

- ✿ Ladies Massage & Cupping Therapy
- ✿ Ladies Dermalogica, Alph-H Facials
- ✿ Ladies Sport Waxing
- ✿ Female Brazilian Waxing Specialist
- ✿ Manicures & Pedicures
- ✿ Gelish & Shellac 14-21 day manicure Trmt's

Payment options by:

- ✿ Cash, Cheque, Bank Transfer to approved clients

Waxing do's

Moisturise skin daily with an antiseptic lotion. Apply cold compress, anti histamine lotion if you are sensitive. Shower off sweat and bacteria after exercise. Wear cotton underwear if you bikini wax. Loofah one week after your wax, then 2-3 times weekly there after.

Waxing dont's

Don't wax when due or during your menstrual cycle. Don't depending on your skin, loofah/exfoliate waxed areas 3-5 days after your wax. Avoid for 48 hours: deodorant/antiperspirants, makeup, solarium, tanning lotions, natural sun exposure, sweating, swimming in chlorinated water or salt water.

Please call us if you have any concerns or questions.



- ✿ Ladies and Mens Sport Waxing Specialist
- ✿ Ladies Massage & Beauty Therapy

By appointment only, contact Suzanna:

📍 10 Jomary Court, Berwick Vic 3806 ☎ 0400 990 100

✉ suzanna@lotus.id.au www.lotus.id.au



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Price list effective from 06/02/2021

24 hour cancellation notice is requested, conditions apply, fees apply.
Prices subject to change without notice. ABN: 12 091 671 672



• Waxing Specialist

- Ladies Beauty Services Studio
- Healing Reiki Massage Therapy
- Therapeutic Massage Therapy

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☎ 0400 990 100 ✉ suzanna@lotus.id.au

sacred spirit healing reiki massage

Universal light energy gift of healing our body, heart and soul.

An intuitive healing session to calm, nurture, soothe and settle an overactive mind, a stressed out body and an emotionally challenged heart.

Reiki healing with practical massage will assist in restoring calmness in the mind, relief in the body and replenishment in the soul's spirit.

Sacred spirit healing massage treatment 60 - 70 minutes \$80

lotus therapeutic massage

A combination of deep tissue, lomi lomi and relaxation style of massage to release muscle tension, boost circulation to energise and detox the body.

massage treatment 90 min..... \$95

massage treatment 75 min..... \$85

massage treatment 60 min..... \$70

massage treatment 30 min..... \$50

express 15 min..... \$30

add on - organic pure coconut oil or warm mahalo organic flower oil ... \$5

cellulite massage for legs

Vigorous massage, Pure Grape Seed oil, essential oils and cupping circulation therapy to assist with stubborn cellulite and tired legs.

Cellulite massage for legs 30min \$60

facial treatments

Dermalogica, AlphaH, The Ordinary , Sarah Chapman

🌀 Live enzyme Facial - 60min - \$95

A luxurious complete facial for delicate skin. Gentle hydration cleanse and exfoliation with pure oils, live plant enzyme. Nourishing firming mask and lymphatic drainage massage to reduce puffiness. All skin types.

🌀 Rejuvenating Facial + face massage - 55min - \$80

A deeply nourishing and cleansing facial customised to suit all skin types. Manual microdermabrasion and nourishing boosters, peptides and botanical oils to soothes irritation and dehydrated the skin.

🌀 Express Peel Facial - 30min - \$65

Quick skin resurfacing and hydrating treatment. Suitable for all.

🌀 Dermalogica Acne & Teen Clean Facial 25min - \$50

Steam cleanse, grain exfoliation/sulfur / charcoal detox pore refining treatment. Extractions extra \$10-\$15.

🌀 Mini (detox) Pre-Waxing Facial 10min - \$25 - add on only

Deep steam cleanse, grain exfoliation and hydration moisture therapy.

gelish/shellac polish

🌀 14 day uv polish manicure for natural nails

shellac gelish overlay hands \$35 add french\$10

shellac gelish overlay toes \$45 file removal/repair\$5

shellac gelish hands & feet \$75 nail art/glitter\$5

add soak off..... \$10 SNS removal\$40

extra nail prep or half soak off \$5 soak off & recovery ..\$35

manicures

🌀 Lotus spa manicure treatment & massage - \$55

Coconut milk soak, grain exfoliation, full nail conditioning including ridge buff, de-stress hand massage with hydro gel, colour polish to finish.

🌀 quick manicure treatments:

mani 1 - cut, file, cuticle clean, hi shine.....\$25

with polish.....\$30

upgrade to french finish\$40

pedicures **Belava** 100% hygienic disposable tubs

🌀 silk spa pedicure - hydro mask treatment & massage - \$65

Coconut milk soak, grain exfoliation, full nail conditioning including ridge buff, relaxation foot massage with hydro gel, colour polish to finish.

🌀 quick pedicure treatments:

pedi 1 - cut, file, cuticle clean, hi shine.....\$25

with polish.....\$30

upgrade to french finish\$40

additional nail services:

- shellac/gelish polish extra \$10 + remove existing gel \$5 - \$10

- hydro gel skin conditioning mask and massage for hands or feet\$15

gift certificate packages

🌀 namaste healing massage treatment- 75min \$100

• healing inspired reiki massage with warm pure oils • **Mahalo organic**

hawaiian flower oils treatment for scalp and body • hydro gel full body

• hydro gel foot wrap and file

🌀 especially for you treatment - 45min \$75

• Neck, scalp and back massage with **Mahalo organic** hawaiian

flower oils • mini detox facial

🌀 fancy face treatment - 60min \$75

• Mini detox Facial plus **Mahalo organic** hawaiian flower oils • Designer

eyebrow sculpture wax • Eye lash and brow tint

ladies waxing specialist 🌀 100% hygienic

ladies full leg \$38 full arm \$28

ladies 3/4 or top half leg \$32 3/4 arm..... \$25

half leg..... \$26 1/2 arm..... \$22

sides of face..... \$12 - \$15 under arms strip / hot .. \$14 / \$16

chin/chin ext..... \$10 - \$14 inner thighs \$10 - \$12

on own lip / lower \$10 / \$12 back thigh \$15

add on lip / lower lite..... \$8 / \$10 stomach or buttock \$10 - \$14

nostrils..... \$10 bath sponges 1/3 pack... \$10/\$25

nipples, chest trail or nape..... \$10 lower back..... \$10 - \$14

toes and feet \$8 full face + brows..... \$35

full leg & brazilian \$84

full leg and high bikini \$60

🌀 junior female waxing treatments - under 18 years

brow tidy scpt/raw \$10 /\$14 /\$16 full leg..... \$30

brow corners \$2 3/4 leg or top half leg \$26

under arms strip / hot .. \$12 / \$14 half leg \$24

ladies gentle brazilian hot waxing

🌀 superior xxx wax 100% hygienic

basic/high bikini \$20 / \$24 low rise/bikini snail/ extention .. \$5

landing strip brazilian \$45 gstring \$35

all off lite brazilian \$44 all off brazilian \$48

all off brazilian pregnancy \$50

🌀 designer eyebrows and lashes

brow tidy \$12 tint brow..... \$15

brow sculpt..... \$14 tint lashes..... \$20

brow raw \$16 tint both \$30

brow corners \$4 brow sculpt asmt & pencil \$20

🌀 hair lightening

bleach lip / eyebrows \$18

bleach sideburns \$20

Welcome to Lotus Wellbeing,
enjoy your 1st visit voucher

🌀 free eyebrow tidy or

🌀 free lip wax

Recipients Name: _____

*Voucher must be presented on day of first appointment.

Only valid for services,* min spend of \$25 applies.

